



NEWSLETTER



DECEMBER-2020



GENERAL MEETING

Wednesday – 2nd

December

1800 for 2000

Nailsworth Community Club, 31 Derlanger Avenue, Collinswood
All members, past members and potential members are invited to attend.

This is the final meeting for the year and will follow a different format for this occasion.

Initially, a barbeque will take place prior to the meeting.

It will be held in the park outside our meeting venue, beginning at 6:00 pm

Bring yourself (and partner), meat, something to drink. and a chair (not much available outside)

Dessert will be supplied by the club

*The judging of the Photo Competition theme “**Yellow_Orange_Pink**” will follow,
prior to a brief formal meeting to deal with any necessary business.*

We look forward to seeing you and celebrating the coming festive season.

COMMITTEE 2020-2021

Treasurer..... Robyn BUTTERFIELD

Secretary..... Peter MANSFIELD

Safety Officer Sue CUCCHIARELLI

Committee Person..... Mary HOOD

Committee Person..... Jeanette SMITH

Web Manager..... Hugh SPARROW

CONTACT 2020-2021

Email..... secretary@uecofsa.org.au

Website..... www.uecofsa.org.au

DISCLAIMER - The opinions expressed by authors of material in this newsletter are not necessarily those of the UEC





Waters to be Explored



DECEMBER

Sun-6

Port Noarlunga Jetty

Tide times — [L] 0113 **0.63** [H] 0743 **2.04** [L] 1436 **0.42**

This dive site, reputed to be the most-dived site in Australia. Access is from the platform and steps at the end of the jetty. Depth at the reef is 9M. Head into the current: south to follow the marker trail or north to find a big school of silver drummer. You'll see sweep, zebrafish, moonlighters, and colourful sponges and starfish. Rays, cowrie, nudibranchs, flatworms, and blue devils have been spotted here too. A torch is handy to look under ledges and a trolley would be useful. Bring your camera. Remember it is a marine reserve so nothing must be taken

Sun-13

Rapid Bay Jetty

Tide times — [H] 0357 **1.40** [L] 1124 **0.45** [H] 1713 **0.98**

Rapid Bay jetty must be one of the best jetty dives in SA. Waters are usually quite clear with depth to 11M and an easy entry from the platform. A haven for photographers, the old jetty has been home to leafy and weedy seadragons. Look in a variety of places to find them. There are large schools of old wives, drummer, and trevally at the "T". Colourful sponges, ascidians, and crabs cling to the pylons. Nudibranchs are found on the bottom too.. You may even see boarfish, a large stingray, colourful wrasse, leatherjackets, or a blue devil. Large brown algae hides crabs and scaly fin, and weed attracts curious cowfish. Look under fallen debris for the blue-ring octopus, but only if you have gloves on, and do not touch or annoy them. Brittle stars live there too. You are having so much fun, remember to monitor your air and that of your buddy's. It is a long jetty so a trolley would be useful.

JANUARY

Sat-9

MV Seawolf / HA Lumb

Tide times — [H] 0043 **1.62** [L] 1004 **0.84** [H] 1726 **1.06**

Both these sites lie in 22M. The Lumb, formerly a tug then a fishing trawler, was sunk in 1994 It is a small structure, 28M long. Look for sponge growth, bryozoans and nudibranchs. The Seawolf was sunk in 2002 and is a bigger structure. It lies on its' starboard side with many holes and hatches to explore. It is 50M west of the Pt. Noarlunga Tyre Reef so you may have a bonus dive site to explore. There are plenty of fish to find including boarfish and blue devils, It may be possible to swim between the two wrecks via star droppers. Remember to monitor your air closely and do a safety stop. This could be a double dive so bring 2 tanks.

Fri-22 > Mon-25

Fleurieu Peninsula

Tide times — Values are for Wirrina and Second Valley. Rapid Bay (-2 min) Rapid Head (-3 min)

There are various dive sites here: a dive on the jetty at Rapid Bay (11M) to see large schools of fish, and the allusive leafy sea dragon.. Bring a trolley. The jetty at Second Valley (9M) with a swim around the point provides plenty of sea life, blue devils, herring kale, and interesting anemones. Be mindful of any current at the point. It's possible to snorkel out to Lassiter's Reef at Second Valley, a bommie about 200M from shore. A boat dive is to the ex-HMAS Hobart (30M). Special care with dive planning here and you need a permit to dive. Another boat option is a shallow dive(6M) at Rapid Head to swim with seals or to Lady Bay with various crabs and small fish hiding in the seagrass. Lots of choices. Bring your camera.

FRI 22 Jan	SAT 23 Jan	SUN 24 Jan	MON 25 Jan
▼ 4:04 am 0.74m	▼ 5:32 am 0.86m	▲ 12:15 am 1.29m	▲ 2:56 am 1.36m
▲ 9:13 am 1.14m	▲ 9:11 am 0.95m	▼ 1:49 pm 0.57m	▼ 12:26 pm 0.49m
▼ 3:31 pm 0.47m	▼ 3:09 pm 0.55m		▲ 6:57 pm 0.87m
▲ 10:53 pm 1.32m			▼ 8:58 pm 0.85m

► *Safety Officer*

Some Holiday Reminders

Summer diving is upon us. Here are a few reminders:

Buddy Checks — *Be vigilant*

Hot weather — **Avoid heat exhaustion** (headaches, feeling nauseous, rapid pulse)

Be hydrated

Put your wetsuit on last when gearing up and do this at the same time as your buddy

When out of the water, remember slip, slap, slop, shade and sunnies

Night dives — Remember a torch and compass, and a *light is mandatory for your tank*

Jetty dives — Be available to assist your buddy but keep your distance on steps

Put your fins on at the bottom of the steps, less chance of falling

If you do lose your balance you will take other divers with you..... 'dangerous dominoes'

Deep dives — (e.g. ex-HMAS Hobart)

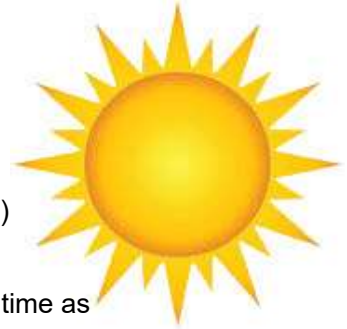
Do the deepest part of the dive first

Use a reference for descent and ascent (anchor line, buoy).
This should be for all dives!

Avoid multiple ascents

Do a safety stop: 5 minutes @ 5 metres

Ascend slowly



Permits are required to dive the Hobart.

If you are not attending the weekend but wish to dive the Hobart. **Book well ahead.**

This holiday season is when everyone celebrates, getting together with family and friends.

Enjoy yourself but be careful not to overindulge. *Diving, drinking, and driving don't mix and when driving on country roads, remember to travel with your full headlights at all times.*

We want you back safe in 2021.

Best wishes for a Merry Christmas and Happy New Year.

Safe Diving

Sue



► *Past Dives*

NAVIGATION DAY — 14 NOVEMBER 2020

Our navigation day was scheduled for Sunday, the 15th, at Second Valley but the predicted weather was pretty threatening: very strong winds coming from the wrong direction. So Mary and I changed plans. We decided to go to Port Noarlunga on the Saturday, when the winds in the afternoon were slight.

It was a lovely sunny day and seas fairly calm. Hence, lots of people on the jetty steps.... snorkelers, divers, and 'jetty jumpers'. So we moved away from the steps and had some practice of compass navigation, with plenty of sweep to keep us company.

Then, with plenty of air left, we did a dive on the reef. We headed south and the water was fairly warm, 18 degrees, with a slight current. We passed a big school of horseshoe leatherjackets, a curious scaly fin, and juvenile bullseyes hiding under ledges. Mary spotted a tiny orange nudibranch and a flatworm on the rocks and weed. We saw large orange and yellow sea stars hiding under ledges before we reached the anchor. Cute talma enjoyed our company and colourful sea tulips and other ascidians clung to the rocks. There are so many colourful pink, purple, yellow, and orange sponges, and mini mussels covering the reef.

We then headed back, seeing large, fast moving drummer, some sea urchins and abalone. On arriving back at the jetty we hung around to see what was around. There was a blenny trying to hide in a pylon, and again dozens of sweep. But the fish life around the old fallen ladder at the end was mysteriously missing, a bit disappointing.

So, we had a day of refreshing our navigation and a very good dive. We went to 8M and stayed for 75 minutes. With the water now warming up, we look forward to some good summer diving.

It was a good idea changing the venue and date as the Sunday proved to be an oppressive day with some threatening thunder and lightningthe sea is not a place to be in those conditions. The seas did start to get lumpy at the end of our dive. Unless conditions warrant it, it is always best to dive in early morning when the sea is calmer before the sea breeze rises. And navigating tons of traffic in the afternoon is not ideal !

Sous Marin



Beach Picnic –



Semaphore South
Wednesday **January 6** — 2021
1800

Meet near the barbeque
opposite South Terrace

Entry to the car park is just north of
the Hart Street roundabout

BYO Food, Drinks, Chairs etc



Sign up at the general meeting or book via the website.

► *Seafood Sensation*

Prawn, Mango & Avocado salad

INGREDIENTS

- 400g cooked tiger prawns
- 2 mangos, cut into 2cm cubes
- 2 avocados, cut into 2cm cubes
- 2 limes, plus lime wedges to serve
- 1/3 cup finely chopped coriander leaves
- 1 long red chilli, seeds removed, finely chopped
- 1 tablespoon Honey
- 1 tablespoon avocado oil or extra virgin olive oil
- 1 butter lettuce, leaves separated
- Micro herbs (Greengrocer) (optional), to serve

INSTRUCTIONS

- Peel, devein and roughly chop half the prawns. Place in a bowl with mango and avocado.
- Grate the zest of half a lime, then juice both limes. Place the lime zest and juice in a small bowl with the coriander, chilli, honey and oil. Whisk to combine and season well. Pour over prawn mixture and toss to combine.
- Divide lettuce among plates, fill with the salad and serve with the remaining prawns, lime and micro herbs, if using.



PHOTOGRAPHIC COMPETITION

Display your skills and submit 3 photographs for consideration in our on-going competition which runs tri-monthly

New themes have been decided for future competitions –

The current theme is * **Location – Jetty** and the following themes are to be decided.

Photographs should be **8"x 6"** which is **2400 x 1800** pixels when resolution is **300** pixels/in

File should be **jpeg**, with a size less than **400** Kb

Forward to secretary@uecofsa.org.au by **15-Mar-2021**



people's choice COMMUNITY LOTTERY

*Ticket sales are continuing **on-line**.*

Go to our specified location on the web-site to make a purchase –

<https://communitylottery.peopleschoice.com.au/collections/sporting-club/products/underwater-explorers-club-of-sa-inc>

Important Dates

Sales Began	Wed-30-Sept
Sales Close	Fri-19-Feb 2021
Main Draw	Fri-26-Feb

*From 1 to whatever, you can purchase **any number** of tickets
As in previous years there is an extended number of prizes,
with two motor vehicles still up for grabs.*

*These can be seen when you make a purchase or by visiting
<https://communitylottery.peopleschoice.com.au/pages/prizes>*

*Encourage Relatives and Friends to also visit our site and make a purchase.
Remember, 100% of the sales made is returned to the club*



Hookah diving, also known as surface supply diving, is ideal for someone who wants to explore underwater without the cumbersome gear of traditional scuba diving. With a hookah diving system, you get to explore with minimal interference in your range of motion. An ex-member is offering his equipment, which is no longer used, as follows —

- 5.5 hp Honda Engine
- 2 Cylinder Air Compressor
- Twin Filters
- 75m Hose
- Two Regulators

\$425 is the asking price. Contact **Bob** on **0439 714 629** for further details

If **Scuba** equipment is of greater interest to you, then the following is on offer from another ex-member.



Wetsuit 2mm SeaV (Large)	\$35	Wetsuit 5mm Seasuit (Large)	\$75
BCD ScubaPro (Large)	\$200	BCD Reflex 2000 (Medium)	\$90
Regs.Mares	\$200	Torch Megaton (As new)	\$90
Boots (Large) (As New)	\$15	Safety Reel 50m	\$25
Safety reel 80m	\$45		

Also: mask/snorkel, safety sausage, hood, gloves and dive bag

Contact **Al** on **0407 970 951** for further details



▷ There are over 6 million active Scuba Divers in the world.

▷ In 2016 Cem Karabay, from Turkey, settled a new world record for the longest dive, with a total of 192 hours, 42 minutes and 42 second spent underwater.

▷ If you could dive at all the spots of the world within the limits of recreational diving (40 m), you would dive only 4% of the oceans.

▷ A broken toe is the most common Scuba Diving injury.

▷ Scuba Diving is doesn't seem to be a 'sport' but actually your body burns more calories per minute than during many other activities. In tempered waters an average diver can burn up to 600 kilo-calories per hour. This is due to the heat loss underwater and the big effort of the body to maintain its temperature.



CALENDAR



☞☞ All Sunday dives to be booked **on the Website** by the **Thursday** before the dive ☞☞

(Dive Site **meeting** times as shown)

DECEMBER

➤	Wed 2nd	General Meeting — Nailsworth CC, 31 Delanger Ave. Collinswood	2000	BBQ
☞☞	Sun 6th	Port Noarlunga Jetty	0800	
☞☞	Sun 13th	Rapid Bay Jetty	1000	

JANUARY

➤	Wed 6th	Beach Picnic	Semaphore	1800
☞☞	Sat 9th	Seawolf / Lumb	O'Sullivan Beach	0800
➤	Fri 22nd	Newsletter items due		
☞☞	Fri 22nd > Mon 25th	Fleurieu Peninsula – HMAS Hobart		

FEBRUARY

➤	Wed 3rd	General Meeting — Nailsworth CC, 31 Delanger Ave. Collinswood	2000	
☞☞	Sun 7th	Glenelg Dredge / Blocks	Adelaide Shores	0800
☞☞	Sun 21st	Aldinga Reef	O'Sullivan Beach	0800

MARCH

☞☞	Fri 5th > Tue 9th	LWE — Port Victoria		
➤	Fri 19th	Newsletter items due		
☞☞	Sun 21st	Rapid Bay Jetty		

ITEMS FOR THE NEWSLETTER ARE ALWAYS WELCOME
Send them by the date shown in the calendar to the Newsletter Editor
Email: newsletters@uecofsa.org.au

