

Underwater Explorers Club of SA Inc

# NEWSLETTER

SEPTEMBER-2019





# GENERAL MEETING

Wednesday – 7th

## September

1945 for 2000



**Nailsworth Community Club**, 31 Derlanger Avenue, Collinswood  
All members, past members and potential members are invited to attend.

*The judging of the Photo Competition Theme*

***Big Uns***

*will be conducted as part of the proceedings of this meeting*

Prior to the meeting, you are invited to join with those members enjoying a meal at the Hampstead Hotel on North East Road, Collinswood.  
Meet there at 1815.

### COMMITTEE 2019-2020

Treasurer..... Robyn BUTTERFIELD  
Secretary..... Keith LOCKWOOD  
Safety Officer ..... Sue CUCCHIARELLI  
Committee Person..... Mary HOOD  
Committee Person..... Hugh SPARROW  
Newsletter Editor..... Peter MANSFIELD

### CONTACTS 2019-2020

SDF Representative..... Kevin McCARTHY  
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Kent Town SA 5071

DISCLAIMER - The opinions expressed by authors of material in this newsletter are not necessarily those of the UEC

Make a note of the following in your diary.  
Further information will be passed on via the newsletter, and our website  
<http://uecofsa.org.au>

**Asian Banquet          Saturday-26-October**

7:30 pm

Viet Thai Restaurant


427 Henley Beach Road —Brooklyn Park



# Waters to be Explored



## SEPTEMBER

 Sun 8th

### Ardrossan Jetty

**Tide times** — [ L ] 0132 **0.7** [ H ] 0819 **2.58** [ L ] 1429 **1.29**

*This jetty is superb dive, especially in winter when it is usually flat calm and visibility can be to 25M. It is only 6M deep and entry and exit are easy from steps on both sides of the jetty. Clear water makes it easy to find plenty of species of fish. There are cowfish, moonlighters, crabs, and cuttlefish. You may see the huge school of Mulloway at the end of the jetty. Look carefully for seahorses in the brown algae! Bring your camera. A trolley is useful.*

 Sun 22nd

### Grange Tyre Reef

**Tide times** — [ L ] 0104 **0.58** [ H ] 0741 **2.33** [ L ] 1408 **0.81**

*The Grange tyre reef is one of 3 tyre reefs sunk off shore from Adelaide to form an artificial reef for fishermen and divers. Groups of tetrahedrons lie in 20M. You may be fortunate to drop right on the motherlode. The tyres are a hiding place for bullseyes, zebra fish, and wrasse. Spider crabs are plentiful and nudibranchs can be spotted if you look closely. Weedy seadragons and boarfish have been seen here too. Bring your compass and be alert to your navigation. A reel could be useful too. Watch any current and remember to do a safety stop.*

## ► Committee

This appears the preferred month for travel as we have about 12 members either overseas or interstate. Who wouldn't want to be where it is warmer. Needless to say, the number of divers has been limited.

A good turnout at the Patron's Day lunch was attended by 8 members who were able to fit around the table inside. We had an opportunity to catch up with Social members and talked well into the afternoon.

The SDF has contacted us with details about membership of the SDF to now be emphasising individual membership where each member gets a vote and club membership gets no vote. Further discussion about this can occur at the meeting once the committee has discussed the implications.

The Asian Dinner occurs at the end of October when more people will "be in town" so come along and fill us in on the many trips away. Book via the website please. Hopefully the weather will be more favourable for diving by then.

Membership fees are now overdue so please do a direct credit if you are still due to pay.

*Robyn*

## History of the Yorke Peninsula Jetties

From oldest to youngest, the following list shows the jetties constructed on Yorke Peninsula.  
How many have you done a dive on ?

<b>Port Julia</b> 1860	Point Turton 1876	Pine Point 1903
Wallaroo 1862	Port Victoria 1876	Stansbury 1905
Moonta Bay 1868	Port Vincent 1877	Stenhouse Bay 1913
Edithburg 1873	Port Rickaby 1879	Port Hughes 1914
Port Broughton 1874	Wool Bay 1882	<b>Port Giles</b> 1968
Ardrossan 1876	Marion Bay 1889	

## ► Safety Officer

### CALLING FOR HELP

You may be caught in an unfortunate predicament where you need to call for help.

What means do you have?

If **on a boat**, here are the International Distress Signals–

- Marine radio – Use 27MHz channel 88 or VHF 16 (you will then be asked to change channels)
  - Use **MAYDAY** if boat or life is in imminent danger
  - Use **PANPAN** for an urgent safety message
- Flares – orange smoke in the daytime / red at night
- Continuous horn
- V sheet (Orange **sheet** with large black **V**, signifying distress in Australian domestic waters.)
- SOS using a mirror in the day / torch at night
- EPIRB
- Raising and lowering of arms (as opposed to waving)
- Waving large objects



*If you have to abandon the boat and it is still afloat, stay with it. Do not attempt to swim to shore.*

**Divers in the water** do not have access to all these methods.

- If in trouble, stay close to your buddy. Be positively buoyant riding high in the water so you can be seen more easily.
- Inflate your safety sausage. Use your whistle.
- Raise and lower one or both of your arms (do not wave).
- If it is safe to do so, use your fins to signal in this manner. Be very careful. Be sure you are holding onto your buddy if you need to remove your fins. But remember, fins do not float; don't drop them. Assist your buddy in removing and replacing fins. Do not try this if there is a strong current or if you are not confident to do it.
- With any of these methods, do not tire yourself out.



### Calling for Emergency Assistance:

(This information has come to us from the South Pacific Underwater Medicine Society, via the SDF.)

*The Diver Emergency Service (DES) now advises using **000** for a diving emergency.*

This is to get an ambulance quickly on the road.

The 1800-088-200 number is the Diving Emergency Services Hotline. It is a 24 hour diving emergency hotline run on a volunteer basis by hyperbaric doctors. It is located at the Hyperbaric Unit at the Royal Adelaide Hospital and is funded by DAN (the Diver Alert Network). A call to DES first comes into the control room of the ambulance service in South Australia. It is answered by a qualified ambulance officer who takes relevant details and passes the call through to the on-call DES doctor. The officer will also contact police if required. The caller is normally able to speak directly with a hyperbaric doctor within 2-5 minutes. DES handles some 500 calls/year from all over the world.

Safe Diving

*Sue*



Visit the web-site of Spums if you have not already done so. It has a wealth of information, covering a wide range of topics. Become more involved by signing up for membership.

[www.spums.org.au](http://www.spums.org.au)

# PHOTOGRAPHIC COMPETITION

Display your skills and submit 3 photographs for consideration in our on-going competition which runs tri-monthly

New themes have been decided for future competitions –

The current theme is \* **Stripes**  
and will be followed by \* **Faces**

Photographs should be 7”x 5” which is **2100 x 1500** pixels when resolution is **300** pixels/in

File should be **jpeg**, with a size less than **400** Kb

Forward to [secretary@uecofsa.org.au](mailto:secretary@uecofsa.org.au)  
by **15-November-2019**



## Seafood Sensation –

### Coconut-crumbed honey prawns

#### INGREDIENTS

- 2 large carrots
- 20 (1kg) large green king prawns, peeled, deveined (tails intact)
- 1 egg
- 1 cup panko breadcrumbs
- 1/2 cup shredded coconut
- 1/2 cup plain flour
- Olive oil spray
- 2 teaspoons sesame oil
- 150g snow peas, trimmed, halved diagonally
- 410g can baby corn spears, drained
- 2 tablespoons oyster sauce
- 2 tablespoons honey
- 2 teaspoons cornflour
- 1/2 cup chicken stock
- 2 green onions, thinly sliced
- Steamed jasmine rice, to serve

#### INSTRUCTIONS

- Preheat oven to 220C/200C fan-forced. Line a baking tray with baking paper.
- To make carrot flowers, using a sharp knife, cut out 4 thin wedges along the length of 1 carrot and discard. Cut carrot into 5mm-thick slices. Repeat with remaining carrot
- Place prawns on a chopping board. Using the palm of your hand, flatten prawns slightly. Whisk egg with 2 tablespoons water in a small shallow bowl. Combine breadcrumbs and coconut on a plate. Place flour in a snap-lock bag. Add prawns to flour. Seal bag. Shake to coat. Dip 1 prawn in egg mixture, then coat in breadcrumb mixture. Place on prepared tray. Repeat with remaining prawns, egg and breadcrumb mixtures.
- Spray prawns well with oil. Bake, turning halfway through cooking, for 10 minutes or until golden and cooked through.
- Heat a wok over medium-high heat. Add sesame oil. Swirl to coat. Stir-fry carrot for 2 minutes. Add snow peas and corn. Stir-fry for 2 minutes. Add oyster sauce and honey. Bring to the boil. Blend corn flour with half of the chicken stock in a small bowl. Add corn our mixture and remaining stock to wok. Stir-fry for 1 minute or until sauce mixture begins to boil and thicken. Working quickly, add prawns to wok. Toss to coat in sauce. Sprinkle with onion and serve immediately with rice



# CALENDAR



All Sunday dives to be booked **on the Website**  
by the **Thursday** before the dive

(Dive **departure** times as shown)

## SEPTEMBER

**DL** – Hugh Sparrow (0418 814 735) – Ardrossan Jetty  
Gary Doubleday (0417 886 942) – Grange Tyre Reef

**SO** – Sue Cucchiarelli (0438 882 509)

ä	Wed 4th	General Meeting — Nailsworth CC, 31 Delanger Ave. Collinswood	2000
	Sun 8th	Ardrossan Jetty	1000
ä	Tue 10th	Committee Meeting	1930
ä	Fri 20th	<b>Newsletter items due</b>	
	Sun 22nd	Grange Tyre Reef	<i>Adelaide Shores</i> 0830
ä	Wed 25th	SDF Meeting — Arab Steed Hotel, 241 Hutt St., Adelaide	1900

## OCTOBER

**DL** – Jeanette Smith (0436 007 459)

**SO** – Mary Hood (0427 716 938)

ä	Wed 2nd	General Meeting — Nailsworth CC, 31 Delanger Ave. Collinswood	2000
	Fri 4th > Mon 7th	LWE <b>Edithburgh</b>	
ä	Tue 8th	Committee Meeting	1930
ä	Fri 18th	<b>Newsletter items due</b>	
	Sun 20th	Noarlunga Reef	<i>O'Sullivan Beach</i> 0830
ä	Wed 23rd	SDF Meeting — Arab Steed Hotel, 241 Hutt St., Adelaide	1900
ä	Sat 26th	<b>Asian Dinner</b>	1830

## NOVEMBER

**DL** – Robyn Butterfield (0419 866 460)

**SO** – Bob Butterfield (0417 838 387)

ä	Wed 6th	General Meeting — Nailsworth CC, 31 Delanger Ave. Collinswood	2000
ä	Tue 12th	Committee Meeting	1930
ä	Fri 22nd	<b>Newsletter items due</b>	
ä	Wed 27th	SDF Meeting — Arab Steed Hotel, 241 Hutt St., Adelaide	1900

ITEMS FOR THE NEWSLETTER ARE ALWAYS WELCOME

Send them **by the date shown** in the calendar to —

Peter Mansfield, 4 Delange Avenue, Banksia Park SA 5091 or email to [petermsf1@bigpond.com](mailto:petermsf1@bigpond.com)

